



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 31	Month 03	Year 2006		Day 31	Month 03	Year 2007

Reference and administration details

Charity name 4 Peace of Mind

Other names charity is known by

Registered charity number (if any) 1112720

Charity's principal address

The Secretary
6 Camden Gardens
Sutton, Surrey
Postcode SM1 2SJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ishtiaq Jalal	Chair		Trustees
2	Arshad Ali	Secretary		Trustees
3	Samina Sajad	Treasurer	1/1/06 – 12/11/06	Trustees
4	Najib Rehman	Treasurer	From 12/11/06	Trustees
5	Tayyab Salimullah			Trustees
6	Shakeel Qureshi			Trustees
7	Syed Saboor			Trustees
8	Shamim Khan			Trustees
9	Ulrika Jonsson			Trustees
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of advisor	Name	Address
Legal	Mr Zarif Khan	Chambers of Michael Gledhill QC 2 Dyers Buildings, London EC1N 2JT

Name of chief executive or names of senior staff members (Optional information)

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Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution – 15 October 2005
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- Policies and procedures adopted for the induction and training of trustees.
- The charity's organisational structure and any wider network with which the charity works.
- Relationship with any related parties.
- Trustees' consideration of major risks and the system and procedures to manage them.

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Objectives and activities

Summary of the objects of the charity set out in its governing document

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| <ul style="list-style-type: none"> • The relief of financial need and suffering among victims of natural disasters in the form of money (or other means deemed suitable) for persons, bodies, organisations and / or countries affected • The relief and assistance of people in any part of the world who are victims of a natural disaster in particular by the supply of medical aid to such persons |
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Summary of the main activities in relation to these objects

- Provide medical expertise to victims of natural disasters
- Provide housing for victims of natural disasters
- Support water sanitation programmes for victims of natural disasters
- Provide financial support for orphans

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- Policy on grantmaking
- Policy programme related investment
- Contribution made by Volunteers

Achievements and performance

Summary of the main achievements of the charity during the year

During the year **4 Peace of Mind** has collaborated with local NGOs in Kashmir and Indonesia to support:

- Building of 13 houses for worst hit communities of the earthquake in Kashmir
- Building of 8 houses for worst hit communities of the Indonesian earthquake
- Vocational centre in Neelam valley (Kashmir)
- Provision of clean water to a community of approximately 9000 people (48 miles from Muzaffrabad)
- Approximately 50 orphans – food, shelter, clothing and education
- Establishment of Health Clinic in the district of Bagh

In addition, **4 Peace of Mind** has:

- Organised a national workshop to understand and support the health needs of the worst hit communities of the 8 October earthquake (Muzaffrabad)
- Organised four missions to Kashmir during 2006 – this has involved providing medical expertise for earthquake affected communities
- Established a network of healthcare professionals who are willing to work with us in any future natural disasters

Financial review

Brief statement of the charity's policy on reserves

The reserves level has been set at £5000.00 by the Trustees. This amount has been set aside to allow **4 Peace of Mind** to:

- 1) mobilise funds to any future natural disaster – immediately
- 2) cover costs (limited) of organising fundraising event in the following year

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:


- The charity's principal sources of funds (including any fundraising).
- How expenditure has supported the key objectives of the charity.
- Investment policy and objectives including any ethical investment policy adopted.

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ishtiaq Jalal	Arshad Ali
Position (eg secretary, chair, etc)	Chair	Secretary

Date 13 July 2007